



Laughter Yoga Leader Training

9th Rerun



Date: 12th & 19th October, 2017

Time: 9:30 a.m. – 5:30 p.m.

Venue: 2/F, 134 Boundary Street, Kowloon

Course Fee : HK\$3,200 (Handbook, T-shirt & Certificate)

Early Bird Fee: HK\$2,800 (on/before 22/9/2017)

2 persons join together : HK\$2,600 each person

Join Us: <https://goo.gl/forms/cn9krsS880epvxNv1>

Content: Knowledge - History, concept, philosophy, research & benefits of Laughter Yoga
Technique & Practice - 40 foundation exercises, 5 breathing methods & laugh alone

Target: Social Worker, Nurse, Teacher or any other interested parties

Language: Course materials in English; medium of teaching in Cantonese

****Participants with attendance of 80% or above would be granted certificates****

****Upon the completion of this course, participants could be awarded the amount of 14 credits in CPD.****

Join Us:



About the trainer:

Ms. Ma Wai Ling, Marina

Training and Counseling Consultant

Registered Social Worker

Happy Coach Facilitator

MBTI® Certified Practitioner

Certified Laughter Yoga Teacher

Certified Meta – NLP Practitioner

Personality Dimensions Level I & II Qualified Facilitator

Prevention and Management of Violence Instructor

Bachelor of Social Work (Honor), University of Hong Kong

Master in Family Education and Family Counseling, the Chinese University of Hong Kong

LAUGHTER
IS THE BEST
MEDICINE

